

Berkshire Optimist Baseball Club

**P.O. Box 170, Womelsdorf, PA 19567-0170
Phone: 610-927-4306 Fax: 610-927-4307**

2012 Winter Clinic Schedule

Date.....	Location.....	Time.....
Sunday, January 8, 2012	Body Zone Sports & Wellness Center.....	8:00 AM – 11:00 AM
Wednesday, January 11, 2012	Body Zone Sports & Wellness Center.....	6:00 PM – 8:00 PM
Sunday, January 15, 2012	Kutztown University	8:00 AM – 11:00 AM
Wednesday, January 18, 2012	Body Zone Sports & Wellness Center.....	6:00 PM – 8:00 PM
Sunday, January 22, 2012	Kutztown University	8:00 AM – 11:00 AM
Wednesday, January 25, 2012	Body Zone Sports & Wellness Center.....	6:00 PM – 8:00 PM
Sunday, January 29, 2012	Body Zone Sports & Wellness Center.....	8:00 AM – 11:00 AM
Wednesday, February 1, 2012.....	Body Zone Sports & Wellness Center.....	6:00 PM – 8:00 PM
Sunday, February 5, 2012.....	Kutztown University	8:00 AM – 11:00 AM
Wednesday, February 8, 2012.....	Body Zone Sports & Wellness Center.....	6:00 PM – 8:00 PM
Sunday, February 12, 2012.....	Kutztown University	8:00 AM – 11:00 AM
Wednesday, February 15, 2012.....	Body Zone Sports & Wellness Center.....	6:00 PM – 8:00 PM
Sunday, February 19, 2012.....	Kutztown University	8:00 AM – 11:00 AM
Wednesday, February 22, 2012.....	Body Zone Sports & Wellness Center.....	6:00 PM – 8:00 PM
Sunday, February 26, 2012.....	Body Zone Sports & Wellness Center.....	8:00 AM – 11:00 AM
Wednesday, February 29, 2012.....	Body Zone Sports & Wellness Center.....	6:00 PM – 8:00 PM
Sunday, March 4, 2012	Kutztown University	8:00 AM – 11:00 AM
Wednesday, March 7, 2012	Body Zone Sports & Wellness Center.....	6:00 PM – 8:00 PM

***Clinics are conducted (as noted) at:
Kutztown University Field House, Keystone Hall, Kutztown PA***

Body Zone Sports & Wellness Center, 3103 Paper Mill Road, Wyomissing, PA 19610

*****In the event of inclement weather, please call 610-507-2580 to confirm that the workout is still on. *****